

# Health & Performance Meetings

## Program Times and Speaker Details

### DAY 1: THURSDAY, MAY 18, GRANT PARK

8:30 AM	Breakfast Available
9:15 AM	Welcome Remarks, NBA, NBAPA, NBATA, and NBSCA
9:30 AM	Managing Resiliency and Performance Capacity in Individuals, with <i>Jim LaValle</i>
9:55 AM	Load Management, with <i>Darin Padua</i>
10:20 AM	Re-Conditioning and Force Plate Analysis for RTP, with <i>Matt Jordan</i>
10:45 AM	Panel Discussion: Load Management, RTP, and Injury, moderated by <i>Barnett Frank</i> with <i>Kensa Gunter</i> , <i>John Heil</i> , <i>Matt Jordan</i> , <i>Jim LaValle</i> , <i>Blake McLean</i> , and <i>Darin Padua</i>
11:15 AM	Break
2:00 PM	Current Approach to Treatment of Ankle Instability, Chronic Ankle instability and the Latest Evidence for Prevention and Treatment, with <i>Erik Wirkstrom</i>
2:25 PM	Psychology of Sports Injury, with <i>John Heil</i>
2:50 PM	Closing Remarks, NBA, NBAPA, NBATA, and NBSCA

**NBSCA Vendor Show**, 11:00 AM - 2:00 PM, Convention Center W190

**NBATA Association Meeting**, 11:30 AM - 1:00 PM and Location TBA



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## Program Times and Speaker Details

### DAY 2: FRIDAY, MAY 19, GRANT PARK

7:30 AM	Breakfast Available
8:00 AM	Welcome Remarks, NBA, NBAPA, NBATA, and NBSCA
8:15 AM	Panel Discussion: Emergency Preparedness, moderated by Dr. Leroy Sims with Dr. Ben Abella, Ron Courson, and Dr. Korin Hudson
8:45 AM	Ankle Sprains & Other Foot and Ankle Injuries, with Richard Ferkel
9:15 AM	Advances in Ultrasound, Guided Treatment of Patellar Tendon Disorders, with Mederic Hall
9:45 AM	Panel Discussion: Sleep, Health, and Performance, moderated by Daniel Medina with Amy Bender, Cheri Mah, Meeta Singh, and Shawn Windle
10:15 AM	Closing Remarks, NBA, NBAPA, NBATA, and NBSCA

**NBATA Meetings**, 10:45 AM - 12:00 PM, Adler/Burham/Clark/DuSable/Field

**NBSCA Vendor Show**, 11:00 AM - 2:00 PM, Convention Center W190

**Meeting of NBA Team Cardiologists**, 1:00 - 4:30 PM, Jackson Park

**NBAPA Executive Committee Meeting**, 3:00 - 5:00 PM, Location TBA

**NBATA Hotel Partners Luncheon/Tradeshow**, 12:00 - 4:00 PM, Convention Center W190

