

# Health & Performance Meetings

## Program Agenda

### DAY 1: THURSDAY, MAY 16

MCCORMICK PLACE, ROOM W183 (LEVEL 1)

7:30 AM	Breakfast Available
8:30 AM	Welcome Remarks
8:35 AM	<b>Bone Stress Injury in Elite Basketball: Biological Underpinnings, Risk Factors, and a Type Specific Approach to Rehabilitation</b> <i>Scott Epsley</i>
9:05 AM	<b>Tendon Health: Diagnostic Imaging Tools and Techniques</b> <i>Jarrod Antflick, Jill Cook, Scott Epsley, Ogonna Kenechi Nwawka, Jesse Wright</i> —moderated by <i>Wiemi Douoguih</i>
9:50 AM	<b>Changing Pace for Injury Mitigation: Importance of Deceleration Training</b> <i>Damian Harper</i>
10:20 AM	<b>Understanding Pain Mechanisms: Physical, Psychological, and Sociocultural Considerations</b> <i>Fred Azar, Luke Bongiorno, Kensa Gunter, Matt Tuttle</i> —moderated by <i>Brian Hainline</i>
10:55 AM	Intermission Address and Break
2:00 PM	<b>Shared Practices on Effective Communication in Addressing Health and Performance Matters</b> <i>BJ Armstrong, Trajan Langdon, Todd Wright</i> —moderated by <i>Travis Maak</i>
2:35 PM	<b>Injury Prediction in Sports: Fact or Fiction?</b> <i>Alan McCall</i>
3:05 PM	<b>‘Through the Stigma’: Addressing mental health and hesitation around utilization of services with individuals and different cultural groups</b> <i>Chelsi Day, Will Hardy, Daphne Scott</i> —moderated by <i>Kensa Gunter</i>
3:40 PM	Closing Remarks

**NBSCA Vendor Show, 11:00 AM - 2:00 PM, Convention Center W185**



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### DAY 2: FRIDAY, MAY 17

MCCORMICK PLACE, ROOM W183 (LEVEL 1)

7:00 AM	Breakfast Available
8:00 AM	Welcome Remarks
8:05 AM	<b>Ethics and Professionalism in Professional Athlete Medical Care</b> <i>Jimmie Mancell, Quinton Sawyer, Jeffrey Tanji</i> —moderated by <i>John DiFiori</i>
8:40 AM	<b>Creating and Maintaining a High Performance Model</b> <i>Andy Walshe</i>
9:10 AM	<b>Orthobiologics: Treating Acute Injuries &amp; Chronic Conditions in Sport</b> — <i>Scott Rodeo</i>
9:30AM	<b>Panel Discussion:</b> <i>Constance Chu, Scott Rodeo</i> —moderated by <i>Asheesh Bedi</i>
9:55 AM	<b>Hamstring Strain Injuries: Learning from Kinematic and Imaging Studies in the NFL</b> <i>Leigh Weiss</i>
10:25 AM	Break
10:30 AM	<b>Updates on Concussion Evaluation and Management</b> <i>Meeryo Choe, Johna Register Mihalik, Adam Shunk</i> —moderated by <i>Jeffrey Kutcher</i>
11:05AM	<b>Case Studies: When It's Not What You Think</b> <i>Jeremy Alland and Jimmie Mancell</i>
11:40 AM	<b>Sleep Study: Real Madrid C.F.</b> <i>Alen Juginovic</i>
12:10 PM	<b>Future of AI in Professional Athlete Health and Performance</b> <i>Barnett Frank, Brigham Hyde, Krishna Nallamshetty, Robby Sikka, Julie Souza</i> —moderated by <i>Christina Mack</i>
12:55 PM	Closing Remarks

