



SUMMER BREAKSPOT 2025 MENU



BREAKFAST	Week One (6/2-6/6, 6/16-6/20, 6/30-7/4, 7/14-7/18, 7/28-8/1)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Milk All Ages 8oz Carton	8oz Milk	8oz Milk	8oz Milk	8oz Milk	8oz Milk
	Meat/Meat Alternate – 1 oz.					
	Vegetable/Fruit/Juice Ages 1-18: ½ c	Fresh Orange (LG)	100% Grape Juice	Fresh Banana	Fresh Apple	CranRaisin
	Grains Ages 6-18 1 slice, cereal Flakes Rounds 1c, Puffed 1 1/4c	Cheerios	Bagel w/Jelly	Rice Crispies	Wg Blueberry Muffin	Frosted Flakes
LUNCH	Milk All Ages 8oz carton LF Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate 2oz	Turkey & Cheese Mayo	Chicken Tender BBQ Sauce	Soynut Butter and Jelly	Southwest Chicken w/ Shred Cheese	Chicken Honey Mustard
	Vegetable/Fruit 1/2cup	Apple Slices	Carrots Italian	Cucumber Slices Ranch	Black Beans and Corn	Apple Slices
	Vegetable/Fruit 1/4c	Lettuce & Tomato	Blueberries	CranRaisin	Fresh Orange (1ea)	Romaine & Tomato
	Grains 1 slice or 1oz eq	Wg Sub Roll (4")	Wg Roll	WG Crackers (4pk)	WG Tortilla (8")	Wg Sub Roll (4")
SNACK	Milk All ages 8oz Carton LF Non-Flavor					Milk
	Meat/Meat Alternate 1oz			Moz String Cheese	Cheddar Stick	
	Veg/Fruit 3/4c	100% Fruit Punch	Fresh Apple			
	Grains 1oz	WG Animal Crackers	WG Cheddar Goldfish (1bag)	Wheat Thins (1bag)	Wg Pretzel (1bag)	Wg Banana Muffin

CN Label for *

- Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat-free (skim) milk. Children six years old and older must be served unflavored or flavored lowfat (1 percent) or fat-free (skim) milk.



SUMMER BREAKSPOT 2025 MENU



BREAKFAST	Week Two (6/9-6/13, 6/23-6/27, 7/7-7/11, 7/21-7/25, 8/4-8/8)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Milk Ages All Ages 8oz Carton	8oz Milk	8oz Milk	8oz Milk	8oz Milk	8oz Milk
	Meat/Meat Alternate – 1 oz.					
	Vegetable/Fruit/Juice Ages 1-18: ½ c	Fresh Orange	Fresh Apple	CranRaisin	100% Fruit Punch	Banana
	Grains 6-18 1 slice, cereal Flakes Rounds 1c, Puffed 1 1/4c	English Muffin w/Jelly	Cheerios	WG Muffin (2oz)	Wg Bagel (1/2ea) Crm Cheese	Rice Crispies
LUNCH	Milk Ages All Ages 8oz Carton Non-Flavor	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate 2oz	Turkey & Cheese Mayo Mustard Spread	Cheese Pizza	Taco Salad 1.5oz Beef, 1/2oz Cheese	Grilled Chicken Sub Roll	Beef Bologna w/Cheese
	Vegetable/Fruit 1/2c	Carrots w/Ranch	Cucumber Italian	Corn	Broccoli w/Ranch	Carrots w/Ranch
	Vegetable/Fruit 1/4c	Fresh Apple Slices	Grapes	Let/Tom	Orange	CranRaisin
	Grains 1 slice or 1oz eq	WG Tortilla (8")	Wg Pita (1/2ea)	1.5oz WG Tortilla Chips	WG Bun (1/2ea) Mayo	WG Bread Mayo
SNACK	Milk All Ages 8oz Carton Non-Flavor					
	Meat/Meat Alternate 1oz	Moz Cheese Stick	Soynut Butter PC	Cheddar Stick		
	Veg/Fruit 3/4c				Apple	Apple Juice (6oz)
	Grains 1oz	Wg Pretzel	WG Graham Crackers	WG Animal Cracker	WG Cheez It (1bag)	Wg Blueberry Muffin (2oz)

CN Label for *

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